



STUDYINBALI

WINTER CLASS 2025 SPORTS & PHYSIOTHERAPY



UNIVERSITAS UDAYANA





ACADEMIC CALENDAR

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
1	1	1 Water Sports	1	1 Lecture
2	2 Orientation/Lecture	2 Excursion	2	2 Lecture
3	3 Water Sports	3	3 Lecture	3 Water Sports
4	4 Excursion	4	4 Lecture	4 Excursion
5	5	5	5 Water Sports	5
6	6	6 Lecture	6 Excursion	6
7	7	7 Lecture	7	7
8	8 Lecture	8 Water Sports	8	8 Final Exam
9	9 Lecture	9 Excursion	9	9 Final Exam
10	10 Water Sports	10	10 Lecture	10 Final Exam
11	11 Excursion	11	11 Lecture	11
12	12	12	12 Water Sports	12
13	13	13 Lecture	13 Excursion	13
14	14	14 Lecture	14	14
15	15 Lecture	15 Water Sports	15	15 Marking
16	16 Lecture	16 Excursion	16	16 Marking
17	17 Water Sports	17	17 Lecture	17
18	18 Excursion	18	18 Galungan Holiday	18
19	19	19	19 Galungan Holiday	19 Graduation
20	20	20	20 Galungan Holiday	20
21	21	21	21	21
22	22 Lecture	22 Semester Break	22	22
23	23 Lecture	23	23	23
24	24 Water Sports	24	24 Lecture	24
25	25 Excursion	25	25 Lecture	25
26	26	26	26 Follow-Up Lecture (18.11.)	26
27	27	27	27	27
28	28 Udayana Sports Day	28	28	28
29	29 Lecture	29 Semester Break	29	29
30 Welcome	30 Lecture	30	30 Workshop	30
31		31		31

***ACADEMIC CALENDAR, TIME TABLE & ACTIVITIES ARE TENTATIVE AND SUBJECT TO CHANGE WITH PRIOR NOTICE**



TIME TABLE

MONDAY	9:00 - 11:00	LECTURE Physical Health & Fitness
	11:00 - 11:15	Break
	11:15 - 13:15	LECTURE Bahasa, Health Communion & History
	14:00 - 16:00	CLASS/GYM Physical Health & Fitness
TUESDAY	9:00 - 11:00	LECTURE Sport Science & Physiotherapy
	11:00 - 11:15	Break
	11:15 - 13:15	LECTURE Sports of the Tropics
WEDNESDAY	9:00 -End	Activity Water Sports
TUESDAY	9:00 - End	WORKSHOP/EXCURSION tba

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EXCURSIONS & WATER SPORTS ACTIVITIES

Date	Activity	Location
Septmber 3	Surfing I	Bali Green Surf
September 4	Yoga	Pranava Yoga
September 10	Surfing II	Bali Green Surf
September 11	Traditional Balinese Massage	Jamu Spa School
September 17	Surf Motion	Amplitude Skate Park
Septmeber 18	Traditional Healing	Taman Usada
September 24	Surfing III	Bali Green Surf
September 25	CrossFit I	Crossfit Seminyak
Septmber 28	Udayana Sports Day	Campus Jimbaran
October 1	Bali Hidden Canyon	Bali Hidden Canyon
October 2	Physiotherapy Workshop	Rom Physio
October 8	TBA	
October 9	Muay Thai	Muay Thai Canggu
October 15	River Rafting	Ayung Rafting
October 16	Anti-Gravity Yoga	Pranava Yoga
November 05	Diving Theory	Nico Dive
November 06	Acro Yoga	B-Work
November 12	Diving Pool	Nico Dive
November 13	Diving Open Water	Nico Dive
November 26	Follow-Up Lecture	Campus
November 30	Balinese Martial Arts	
December 03	Surfing IIII	Bali Green Surf
December 04	Trekking Mt. Batur	