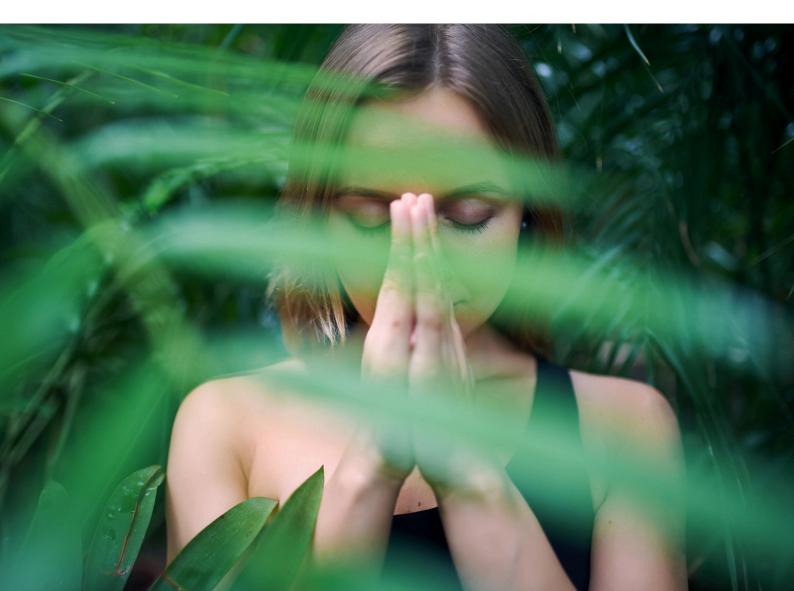


# COURSE PROGRAM TROPICAL SPORTS & TRADITIONAL HEALING









#### TROPICAL SPORTS & TRADITIONAL HEALING

#### Discover Wellness and Adventure in the Heart of Paradise

Embark on a transformative journey that blends the energy of tropical sports with the ancient wisdom of traditional Balinese healing. This program offers a unique opportunity to explore the powerful connection between physical vitality and holistic wellness. Over the course of two or four weeks, you'll dive into hands-on training in sports such as surfing and Balinese martial arts, while also learning the secrets of Balinese healers who have practiced for centuries.

In this course, you will balance the thrill of tropical sports with the serenity of healing rituals. Daily activities will challenge your body while restoring your mind, creating a well-rounded approach to health and well-being. You'll not only master physical techniques, but also gain insights into the benefits of mindfulness, nutrition, and energy healing.

Whether you're mastering waves in Bali's warm waters or uncovering the benefits of herbal remedies and energy healing, this program offers a balanced fusion of activity and restoration. Ideal for those looking to challenge their bodies and nurture their minds, the Tropical Sports and Traditional Healing course provides an unforgettable experience in one of the world's most stunning and culturally rich environments.

#### **IMPORTANT ISSUES**

#### Class Schedules:

- Early Year Session: January/February
- Mid-Year Session: June/July
- Late Year Session:
   November

Duration: 4 weeks, Students can choose to join for the two-week sports or two-week healing sections, or complete the full four-week course..

#### **Study Fees:**

- Study Fees: Regular € 1350 or € 700/2 weeks
- Early Bird € 1250 or €
   650 /2 weeks

#### **Credit Points:**

• max. 10 ECTS (2 x 5)

# STUDY DESTINATION: BALI, INDONESIA

Bali is an unmatched destination for those seeking to explore tropical sports and traditional healing. Its stunning landscapes—pristine beaches, lush jungles, and serene temples—create the perfect environment for both physical training and spiritual rejuvenation. Known worldwide for its surfing spots and outdoor activities, Bali offers an ideal setting to improve athletic performance in tropical conditions while also immersing in the island's rich cultural heritage.

Beyond its sports appeal, Bali is home to deep-rooted healing traditions passed down through generations. Local healers use natural remedies and energy work to restore balance to the body and mind, making it an inspiring place to learn holistic wellness practices. The island's unique blend of adventure and spirituality ensures a transformative learning experience, where you'll not only challenge your body but also nurture your mind and soul.





#### **COURSE STRUCTURE**

The Tropical Sports and Traditional Healing in Bali program is designed to provide a balanced and immersive learning experience over two or four weeks. The course is divided into two key sections—Tropical Sports and Traditional Healing—each offering a unique blend of theoretical knowledge, practical workshops, and cultural immersion. Students can choose to participate in either the full four-week program or focus on just one of the two parts, earning up to six credit points per section and a total of 12 credit points for the complete course.

#### **Tropical Sports (Weeks 1 & 2)**

The first part of the program focuses on developing physical fitness and mental resilience in a tropical environment. Students will engage in hands-on training in sports such as surfing and Balinese martial arts while learning techniques for optimizing performance in hot climates. Complementary mindset coaching using NLP techniques will enhance students' mental strength, helping them build the focus and motivation needed for success.

#### Traditional Healing (Weeks 3 & 4)

The second part of the course delves into ancient Balinese healing practices, including herbal medicine, energy work, and holistic wellness. Students will explore traditional remedies and rituals, gaining a deeper understanding of how these practices can restore balance to the body and mind. Practical workshops on nutrition and wellness will also be integrated to teach students the importance of diet in maintaining overall health.

#### **Cultural Immersion & Social Activities**

Throughout the program, students will participate in cultural excursions and social activities, allowing them to fully immerse in Balinese life. From temple visits to traditional dance workshops, these experiences will enrich students' understanding of Bali's unique culture while providing opportunities to connect with fellow students in a relaxed and inspiring setting.

The course's flexible structure ensures that students can tailor their experience to their interests.

\*You can choose to aftend either the 2-week Trapical Sports program, the 2-week Traditional Healing program, or opt for the full 1-week course 10 Credit Points

WEEK 1

Sports of the Tropics

WEEK 2

Physical Fitness and Mindset Coaching

WEEK 3

Traditional Healing Practices

WEEK 4

Nutrition & Wellness

Nutrition & Wellness

2-Weeks Tropical Sports
5 Credit Points

2-Weeks Traditional Healing 5 Credit Points





# INTERACTIVE LEARNING: LECTURES, EXCURSIONS, AND WORKSHOPS

All our courses are designed to provide a balanced mix of in-class learning, expert insights, and hands-on experiences. Each week combines lectures and guest lectures with immersive excursions and workshops to give students both theoretical knowledge and practical skills.

In the classroom, students will engage with core concepts and interact with guest lecturers—experts in the fields of tropical sports and traditional healing—who will provide unique perspectives on these topics. However, much of the learning happens outside the classroom, where students dive into real-world experiences through curated excursions and practical workshops.

#### **MODULES**

#### **WEEK 1 & 2**

- Sports of the Tropics 2 ECTS
- Physical Fitness and Mindset Coaching 2 ECTS
- Cultural Immersion & Social Activities 1.0 ECTS

#### **WEEK 3 & 4**

- Traditional Healing Practices 2 ECTS
- Nutrition & Wellness 2 ECTS
- Cultural Immersion & Social Activities 1.0 ECTS

This totals up to **5 ECTS** for each part (Tropical Sports or Traditional Healing), and **10 ECTS** for the full four-week program.

International Credit Transfer Table

# **EXCURSIONS & WORKSHOPS (tentative!)**

#### **WEEK 1 & 2**

- Cultural Workshop: Balinese Dance, Offerings...
- 3 Surfing Sessions
- Fitness for Surfers
- Traditional Village Visit and Balinese Martial Arts (Bakti Negara)
- Cooking Class (Nutrition & Energy)
- Yoga Sessions
- NLP Workshop
- Hiking Mt. Batur
- River Rafting
- Stand-Up Paddle
- Sunset ATV ride
- + optional: Scuba Diving, Bali Hidden Caynon, Mountain Bike Tour

#### **WEEK 3 & 4**

- Herbal Medicine & Jamu Making Workshop
- Yoga, Meditation & Sound Healing
- Balinese Massage Workshop
- Visit to Traditional Healer (Balian) & Purification
- Healthy Cooking Workshop (Balinese Cuisine)
- Cultural Immersion (Temple Visit & Ceremony)
- Traditional Healing Workshop: Energy Healing Reiki, Acupressure
- Local Farm and Market visit
- Ayurvedic Healing Practices
- Jatiluwih Amazing Race
- + optional: Spa and Wellness





#### **ASSESSMENT & MARKING**

Students must meet all assessment criteria to be eligible to receive final markings and certification:

- 80% attendance in all classes, workshops, and excursions.
- Completion of practical assignments, such as reflection journals, group presentations, or hands-on projects.
- Active participation in workshops, group work, and excursions, with a focus on collaboration, initiative, and problem-solving.
- Practical evaluations during workshops (e.g., demonstrating proficiency in sports or healing practices).

#### **GRADING AND CERTIFICATES**

In Indonesia, tertiary education is overseen by the Ministry of Higher Education and Research. While this short course does not grant a degree, students can earn up to 10 ECTS credits, which are transferable to home universities.

At the program's conclusion, students will receive:

- An official certificate from PIB College, awarded at the farewell event or via email within four weeks.
- An academic transcript with final grades.
- Upon request, a certificate of participation in specific workshops and excursions.

# **CREDIT POINTS (Only for Students)**

Each module's credits are transferable through the European Credit Transfer System (ECTS). One ECTS credit typically represents 25 to 30 hours of total student workload, including class time, practical work, and self-study. If participants wish to transfer these credits to their home universities, we recommend having the course pre-approved by their institution's exchange coordinator, academic advisor, or professor.

To facilitate this process, a Learning Agreement should be signed by the person responsible for credit transfer. This ensures a transparent and efficient preparation for the study period abroad, guaranteeing that the student will receive recognition for the educational components successfully completed during the program.  $\mathscr{O}$  International Credit Transfer Table





#### **ELIGIBILITY**

The Tropical Sports and Traditional Healing Summer School at PIB College is designed for a wide range of participants, from students to professionals, or learning enthusiasts. While the program grants ECTS credits and is tailored for academic and career development, it is also open to anyone with a strong interest in tropical sports, wellness, and traditional healing.

The program is particularly suitable for:

- Students and Professionals in Sports, Fitness, or Physiotherapy: Ideal for those who want to enhance their knowledge in tropical sports performance, recovery, and physical training techniques.
- Wellness and Holistic Health Enthusiasts: A great fit for individuals with experience or interest in integrative medicine, alternative healing, or holistic health practices such as yoga, herbal medicine, and energy healing.
- Environmental Studies and Sustainability Advocates: Open to those who are passionate about the connection between nature, health, and sustainability, with an emphasis on eco-tourism, mindfulness, and natural healing practices.
- **Cultural Studies and Anthropology Scholars:** Welcomes those fascinated by Balinese culture, spirituality, and traditions, especially the cultural significance of healing rituals and tropical sports.
- **Nutrition and Dietetics Specialists:** Perfect for those who wish to explore the role of traditional diets, such as Jamu and Balinese culinary practices, in holistic health and recovery.
- Adventure and Outdoor Enthusiasts: Designed for those with a passion for adventure sports, who are eager to experience physical training in a tropical environment.

However, the course is open to all individuals, regardless of background. Whether you're an experienced professional or someone eager to explore new areas, the program offers a unique opportunity to immerse yourself in the rich intersection of sports, wellness, and Balinese culture.





# 1. SPORTS OF THE TROPICS

Schedule Week 1&2 Credit Points 2 CP

Location PIB Campus

This module explores the unique challenges and opportunities of engaging in sports within tropical climates. Students will participate in activities such as surfing, stand-up paddleboarding (SUP), and Balinese martial arts (Bakti Negara). The course will focus on both the physical demands of these activities and the environmental conditions that impact performance, such as heat, humidity, and hydration strategies.

# **LEARNING OBJECTIVE**

- Understand the physical and environmental challenges of tropical sports.
- Develop practical skills in surfing, SUP, and Balinese martial arts.
- Learn techniques for maintaining hydration and peak performance in tropical climates.
- Gain an appreciation of how local traditions and sports, like Balinese martial arts, are integrated into daily life and physical wellness in tropical settings.

- 1. **Introduction to Tropical Sports:** Overview of common sports in tropical climates, including their historical and cultural significance.
- 2. **Physical Challenges in Tropical Environments:** Discuss how heat, humidity, and other environmental factors impact physical performance, endurance, and recovery. Techniques for managing these conditions will also be explored.
- 3. **Hydration and Nutrition for Performance:** Best practices for staying hydrated and maintaining optimal nutrition during physical activity in tropical climates. Discussion of how tropical fruits and local diets can support sports performance.
- 4. Surfing Fundamentals: Basics of surfing, including balance, wave reading, and safety techniques. An introduction to the ocean's dynamics in tropical climates and how water conditions change throughout the day.
- 5. **Stand-Up Paddleboarding (SUP) Techniques:** The importance of core strength, balance, and endurance in SUP. Techniques for managing the physical demands of paddleboarding in open waters.
- 6. Balinese Martial Arts (Bakti Negara): Historical and cultural overview of Balinese martial arts. How these traditional practices integrate physical discipline, mental focus, and spiritual health.
- 7. **Mindset and Mental Toughness in Tropical Sports:** Techniques for building mental resilience and toughness while training or competing in tropical conditions, including strategies for managing fatigue and heat stress.
- 8. **Recovery Strategies for Tropical Sports:** Importance of rest, stretching, and recovery in maintaining performance, with a focus on recovery techniques that are specific to tropical climates (e.g., cooling techniques, hydration recovery drinks, restorative yoga).





- Surfing Sessions I & II
- Surf Motion Workshop
- Balinese Martial Arts (Bakti Negara) Workshop + Excursion to Tanganan Village
- Stand-Up Paddleboarding (SUP)
- Trekking Excursion to Mount Batur

- Attendance and Participation (30%): Active participation in all sports sessions and workshops.
- Practical Performance (30%): Evaluation of skills developed in surfing, SUP, and martial arts.
- Reflection Journal (20%): Reflections on the experiences and challenges in the physical activities.
- Group Project/Presentation (20%): Analyzing how tropical conditions affect sports performance, drawing from personal experiences during the course.





# 2. Physical Fitness and Mindset Coaching

Schedule Week 1&2 Credit Points 2 CP

Location PIB Campus

#### **COURSE DESCRIPTION**

This module explores how mindset and mental resilience directly impact physical fitness. Students will learn how to improve their physical performance through mindset coaching techniques such as Neuro-Linguistic Programming (NLP), goal setting, visualization, and positive self-talk. Additional practices like yoga and breathing techniques will be introduced as tools to support mental clarity and enhance physical fitness. The module provides both theoretical insights and practical applications that enable students to optimize their physical and mental well-being.

#### LEARNING OBJECTIVE

- Understand how mindset, particularly through NLP techniques, influences physical fitness and performance.
- Apply mental resilience strategies, including NLP tools like visualization, positive self-talk, and affirmations, to enhance physical training.
- Learn practical breathing techniques to support both mental focus and physical endurance.
- Explore yoga as a tool for building mental clarity and supporting physical recovery.

- 1. **The Mind-Body Connection in Physical Fitness:** How mental states—such as motivation, focus, and resilience—affect physical fitness and performance. This lecture will introduce the science behind the mind-body connection and how thoughts influence physical outcomes.
- 2. Enhancing Physical Fitness through NLP and Mindset Coaching: Learn how NLP techniques such as anchoring, reframing, and mental rehearsal can boost physical performance. Explore the role of mental toughness in pushing through physical limits using NLP principles.
- 3. **Goal Setting, Visualization, and Positive Self-Talk:** Learn how to apply NLP tools like visualization and structure internal dialogue through positive self-talk and affirmations to maintain motivation, build confidence, and improve performance during physical challenges.
- 4. **Breathing Techniques to Boost Performance:** Introduction to breathing exercises that improve oxygen flow and stamina, supporting both mental clarity and physical endurance. Techniques such as Pranayama will be included as supplemental tools.
- 5. **Introduction to Yoga as a Support for Mindset:** How yoga can be used to enhance mental focus and flexibility, improving overall physical performance. While not the central focus, yoga will be presented as a practical tool for managing stress and increasing body awareness.





- Mindset Coaching & NLP Workshop:
- Yoga
- Breathing Techniques
- Anti-Gravity Yoga:
- SUP Yoga Session:

- Attendance and Participation 30%): Active participation in mindset coaching sessions, NLP workshops, and related activities.
- Reflection Journal (20%): Students will reflect on their experiences, discussing how NLP, mindset techniques, positive self-talk, and affirmations influenced their performance.
- Personal Fitness & Mindset Development Plan (50%): Each student will create a personal plan combining NLP strategies, positive self-talk, affirmations, mindset coaching techniques, breathing exercises, and physical fitness goals, outlining how they will integrate these into their fitness routines.





# 3. Traditional Healing Practices

Schedule Week 3&4 Credit Points 2 CP

Location PIB Campus

#### **COURSE DESCRIPTION**

This module delves into the heart of Balinese traditional healing practices, focusing on spiritual and physical wellness. Students will explore ancient techniques such as Balinese massage, acupressure, yoga (as a spiritual healing tool), and energy healing practices like Reiki and sound healing. The course also introduces students to herbal medicine and Jamu making, as well as spiritual cleansing through the Melukat purification ceremony. Students will gain hands-on experience with healing techniques that promote energy balance and physical well-being, deeply rooted in Balinese culture.

# **LEARNING OBJECTIVE**

- Understand the foundational principles of traditional Balinese healing, including the balance between body, mind, and spirit.
- Gain practical skills in traditional healing techniques such as Balinese massage, acupressure, and energy healing.
- Explore the use of herbal medicine and Jamu making within traditional healing frameworks.
- Develop an appreciation for spiritual healing practices such as yoga, sound healing, and purification rituals like the Melukat ceremony.
- Learn how cultural and spiritual healing practices integrate with modern wellness trends, enhancing physical and mental well-being.

- 1. **Introduction to Traditional Balinese Healing:** Overview of the philosophy behind traditional Balinese healing, emphasizing the balance between body, mind, and spirit.
- 2. **Herbal Medicine and Jamu Making:** Learn how traditional herbal remedies are prepared and their role in treating common ailments. Focus on Jamu, a traditional herbal tonic, and how plants like turmeric and ginger are used in healing.
- 3. **Balinese Massage and Acupressure:** Explore the art of Balinese massage and acupressure, with hands-on training in energy-balancing techniques designed to relieve stress, pain, and improve circulation.
- 4. **Yoga for Spiritual Healing:** Introduction to yoga as a spiritual and healing practice. Learn how it promotes physical wellness and mental clarity, with a focus on postures and breathing exercises (Pranayama) for healing.
- 5. **Energy Healing and Sound Healing:** A look at traditional energy healing techniques, including Reiki and sound healing with instruments like Tibetan bowls and Balinese Gamelan.
- 6. **Cultural Immersion and Purification:** Learn about the Melukat purification ceremony, a water ritual meant to cleanse the body and soul of negative energy, promoting physical and spiritual healing.





- Balinese Massage Techniques Workshop: Hands-on training in traditional Balinese massage techniques.
- Herbal Medicine & Jamu Making Workshop:
- Energy Healing Workshop (Reiki & Sound Healing)
- Yoga Theory and Practice for Healing:
- Cultural Immersion: Melukat Ceremony:
- Visit to Traditional Healer (Balian):

- Attendance and Participation (20%): Active participation in workshops and excursions.
- Practical Application Assessment (20%): Evaluation based on practical application of Balinese massage, energy healing, and yoga for healing.
- Reflection Journal (20%): Students will document their experiences with traditional healing methods, discussing how these practices influence physical and spiritual well-being.
- Group Project (40%): Students will work in groups to present on a specific traditional healing practice, incorporating the techniques and philosophies learned throughout the module.





# 4. NUTRITION AND WELLNESS

Schedule Week 3&4 Credit Points 2 CP

Location PIB Campus

#### **COURSE DESCRIPTION**

This module highlights the integral role of nutrition and wellness practices in both traditional healing and modern health trends. Students will explore how nutrition supports physical and mental well-being, with a focus on traditional Balinese diets, herbal remedies, and sustainable eating practices. Practical workshops in healthy cooking, herbal medicine preparation, and yoga for recovery and stress management will provide students with the skills to integrate traditional healing into modern wellness practices.

#### **LEARNING OBJECTIVE**

- Understand how traditional Balinese diets and herbal remedies contribute to overall well-being and recovery.
- Learn the principles of sustainable eating and its role in long-term health and wellness.
- Explore how yoga supports recovery and wellness, with practical knowledge of yoga postures and breathing techniques.
- Develop the ability to prepare healthy meals and herbal remedies that enhance physical and mental health.

- 1. **Traditional Balinese Nutrition and Healing Foods:** Introduction to traditional Balinese diets, focusing on the use of whole foods, plant-based ingredients, and local herbs in promoting health and healing.
- 2. **Nutrition and Wellness in Recovery:** The role of nutrition in physical recovery and mental clarity. Learn how nutrient-rich diets help athletes and individuals recover from physical exertion and maintain mental sharpness.
- 3. **Herbal Remedies in Modern Wellness:** Focus on traditional herbal remedies and how they contribute to immunity, digestion, and overall health and preparation of herbal remedies used in daily diets and for healing purposes.
- 4. **Yoga for Recovery and Wellness:** Yoga as a tool for physical recovery, stress reduction, and mental well-being. Explore how yoga supports a balanced lifestyle, complementing nutrition in promoting overall health.
- 5. **Sustainable Eating and Wellness:** Explore how eco-friendly and sustainable eating practices contribute to long-term wellness. Discuss the environmental impact of food choices and how traditional Balinese practices align with modern sustainability trends.





- Local Market Visit & Healthy Cooking Workshop
- Herbal Farm Visit
- Herbal Medicine Workshop
- Yoga for Wellness
- Sustainable Eating Workshop

- Attendance and Participation (20%): Active participation in workshops, yoga sessions, and excursions.
- Practical Cooking & Nutrition Assessment (40%): Evaluation of the student's ability to prepare traditional healing foods and herbal remedies, incorporating the techniques learned.
- Reflection Journal (20%): Students will reflect on their experiences with traditional diets, herbal medicine, and yoga, and how they can integrate these practices into their modern wellness routines.
- Final Group Project (20%): Groups will create a wellness plan that integrates traditional Balinese nutrition, herbal remedies, and yoga practices into modern health and wellness.



# 5. CULTURAL IMMERSION & SOCIAL ACTIVITIES

Schedule Week 1&2, 3&4

Credit Points 1+1CP Location PIB Campus

#### **COURSE DESCRIPTION**

This module provides students with a deep cultural experience, immersing them in the unique traditions and social life of Bali. Through a series of excursions, traditional workshops, and community activities, students will explore Balinese customs, rituals, and arts. These experiences are designed to complement the academic aspects of the course, offering students a holistic understanding of Bali's rich cultural landscape while also fostering connections among peers in an engaging and relaxed environment.

#### LEARNING OBJECTIVE

- Gain a deep understanding of Balinese culture, traditions, and spiritual practices.
- Learn about the significance of religious rituals, temple visits, and Balinese art forms in the local community.
- Develop an appreciation for the role of traditional arts, music, and dance in Balinese society.
- Build meaningful connections with fellow students through shared cultural experiences.

#### **COURSE CONTENT**

- 1. Introduction to Balinese Culture and Traditions: Learn about Bali's cultural heritage, including religious practices, daily rituals, and the significance of temples and ceremonies in Balinese life.
- 2. **Balinese Hinduism and Spirituality:** An overview of Balinese Hinduism, its customs, and how religion shapes the daily lives of the local people. Explore the cultural significance of offerings, temple rituals, and spiritual festivals.
- 3. **Traditional Balinese Arts and Crafts:** Learn about Balinese art forms, including dance, music, painting, and crafts. Gain insight into how these art forms play a role in spiritual practices and daily life.

#### **EXCURSIONS AND WORKSHOPS**

- Temple Visit, Community & Village Visit.
- Traditional Ceremony and Dance Workshop
- Cultural Evenings and Social Activities
- Balinese Craft Workshop





- Participation (40%): Active involvement in cultural excursions and workshops.
- Reflection Journal (30%): Students will document their personal experiences with Balinese culture, reflecting on how these experiences have enriched their understanding of the island's traditions.
- Group Project (30%): Groups will present on a specific cultural experience, such as a temple visit, Balinese art, or a dance performance, incorporating both historical context and personal observations.





# **HOST INSTITUTION: PIB COLLEGE BALI**

PIB College has established itself as a leading educational institution in Bali, renowned for its forward-thinking vocational programs in the tourism, digital, and creative industries. Officially recognized by the Indonesian Ministry of Research, Technology, and Higher Education since 2017, PIB College offers a dynamic, hands-on learning environment that aligns with the island's evolving industries. While traditionally focused on sectors like tourism, hospitality, and digital business, PIB College's commitment to holistic education extends beyond these core fields. The introduction of the Tropical Sports and Traditional Healing program builds upon the college's vision of integrating experiential learning with the unique cultural and natural assets of Bali. The program allows students to explore physical performance and wellness in an environment designed to inspire growth, balance, and connection with Bali's rich traditions. Nestled in a picturesque, 15-hectare campus surrounded by Bali's natural beauty, PIB College provides stateof-the-art facilities that foster practical learning. The serene setting is ideal for students engaging in the Tropical Sports and Traditional Healing program, which blends Bali's renowned sports culture with its deep-rooted healing traditions. This program complements the college's established reputation for providing transformative educational experiences that meet the demands of both modern wellness and sports performance industries. PIB College's focus on practical learning and its extensive network within the wellness, sports, and tourism sectors ensure that students gain real-world experience. Whether through local partnerships or international opportunities, the Tropical Sports and Traditional Healing program offers participants a unique chance to immerse themselves in Bali's traditions while preparing for careers in these growing fields.









On-campus accommodations are available for separate booking. These facilities provide convenient living options for students. By booking on-campus housing, residents can enjoy a close-knit community and easy access to university resources, creating an enriching campus experience.

#### **GRAHA WIYATA HOTEL ON CAMPUS**

Students have the option to stay at the PIB Campus Hotel, which offers comfortable double bedrooms equipped with twin beds and en-suite bathrooms. This convenient accommodation allows students to be closely integrated with the campus environment, facilitating easy access to academic facilities and enhancing the overall study experience.

**Price IDR 10.725.000**/room/month for 02 persons (≈ EUR 650/USD 710)







# **DORMITORY ON CAMPUS**

The PIB Campus also provides a dormitory option designed to accommodate 4 students per room, with separate arrangements for girls and boys to ensure comfort and privacy. Each dormitory room is structured to foster a sense of community and collaboration among students. To secure a spot in these sought-after accommodations, it's important to note that dormitory rooms must be booked at least 2 months in advance, allowing for ample planning and preparation for your stay.

Price IDR 3.300.000/bed/month (≈ EUR 200/USD 220)



















































# Contact Information

## **STUDYINBALI**



Your journey begins with us! At StudyInBali, we're here to guide you through the entire process – from applications to personalized consultancy. We'll make sure everything is set before you embark on your adventure. Got questions about visas, registration, or study fees? We've got you covered – just reach out!

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#### PIB COLLEGE



Welcome to PIB College, where the real adventure unfolds! As the host of the Sustainable Tourism Destination Management program, we're responsible for all the teaching, activities, and creating unforgettable experiences. Have questions about the curriculum or what you'll be learning? We're here to answer every step of the way!

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